## Sabbath





השירות הבולאי

המשרד הראשי: שד' ירושלים 2ו, יפו 080 61

210/211 PHILATELIC SERVICES

17.4.77 MAIN OFFICE: TEL AVIV - YAFO . ISRAEL

ברא אקלום להאות: בשלה הלונה אלו כי לו שלע מפקימלאלין אחר. בשלה הלאלין אמר משני המלע כיום בשלה בשלה הלאלין אמר משני המלע כיום בשלה הללי השלום ורארו ולרבאם: הללע אקלום כיום

3 - 1 בראשיח ב' 1 - 3

## שַׁבָּת הַמֵּלְכָה

חַסְמָה מֵראשׁ הָאִילָנוֹת נְסְתַּלְקָה בּאוֹ וְנְצֵא לִקְרַאת שׁבָּת הַמֵּלְכָּה.
הָנֵה הִיא יוֹרֶדֶת הַקְּדוֹשָׁה, הַבְּרוּכָה, וְעַמָּה מֵלְאָכִים צְבָא שֶׁלוֹם וֹמְנוֹחָה.

בּאִי, בּאָי, הַפּּלְכָּה! בּאִי, בֹּאָי, הַפֵּלְכָּה! — שָלוֹם צֵלִיכֶם, מַלְאָכֵי הַשְּׁלוֹם!

קבּלְנוּ פְּנֵי שֵׁבֶּת בְּרְנָנָה וּתְפִּלָה, הַבּיְתָה נְשׁוּכָה, בְּלֵב מְלֵא נִילָה. שֶׁם צֶרוּךְ הַשְּלְחָן, הַנֵּרוֹת יָאִירוּ, בָּל־פָּנוֹת הַבִּיִת יִּוְרָחוּ, יַוְהִירוּ. שבּת שָלום ומְבֹרֶךְ: שבּת שֶלום ומְבֹרֶךְ: בֹּאָכֶם לְשָׁלום, מַלְאָכֵי הַשְּׁלום:

שְׁבִי, זַכָּה, עִמְנוּ וּבְזִיוֵךְ נָא אוֹרְי לֵילָה נְיוֹם, אַחַר הַצְבֹרִי. נְאַנְחְנוּ נְכַבְּדֵךְ בְּבִּגְדֵי חֲמוּדוֹת, בִּוְמִירוֹת וּתְפַלּוֹת וּבְשָׁלֹשׁ סְעָדוֹת. וּבִמְנוּחָה שְׁלַמָה, וּבִמְנוּחָה נְעֵמָה — בּרְכוּנוּ לְשָׁלוֹם, מִלְאַכִי הַשְּׁלוֹם:

הַחַּמָּה מֵּרֹאשׁ הָאִילָנוֹת נְסְתַּלְּקָהּ –
בֹּאוּ וּנְלַנָּה אֶת־שַׁבָּת הַמַּלְכָּה.
צֵאתַדְּ לְשָׁלוֹם, הַקְּדוֹשָׁה, הַזַּכְּה –
דְּעִי, שֵׁשֶׁת יָמִים אֶל שוֹבֵדְ נְחַכֶּה...
בּן לשׁבָּת הַבָּאָה:
בּן לשׁבָּת הַבָּאָה:
בַּץ לְשֶׁבָּת הַבָּאָה:
בַּאַתְּכָם לְשָׁלוֹם, מַלְאַכִי הַשְּׁלוֹם!

ח. נ. ביאליק

No lights are kindled; food is kept warm on a hotplate, and delicacies reflecting the background and habits of Jews from all over the world are served. Three meals are customarily eaten on the Sabbath, the third at twilight, after which the domestic ceremony of Havdalah—differentiation between the holiness of Sabbath and the week's routine—is performed. Fragrant spices are inhaled, and a multiple taper is ignited, then extinguished in wine, signifying the close of the day of rest and the beginning of the daily tasks.

Sabbath's framework may show variations in different lands and with different shades of orthodoxy, but its basic importance lies in the common bond it forges between Jews everywhere. Reaching out to the utmost ends of the earth, the principle of a regular day of rest strengthens the identification of all Jews with their forefathers, to whom the Lord said, "The children of Israel shall keep the sabbath, to observe the sabbath throughout their generations for a perpetual covenant" (Exodus XXXI, 16).

Sylvia Mann

THE "SABBATH" STAMP DEPICTS AN EMBRIODERED CLOTH USED TO COVER THE SABBATH LOAFS AT THE FRIDAY-NIGHT "KIDDUSH"—THE BENEDICTION OF WINE AND BREAD—THE EMBRIODERY SHOWS TWO CANDLE STICKS WITH SABBATH LOAFS AND THE INSCRIPTION "IN HONOUR OF SABBATH"

THE STAMP WAS DEIGNED BY G. ALMALIAH, TEL AVIV

בול יום הזכרון צוייר ע"י צ. נרקים, תל אביב

הבול מראה את האנדרטה לזכר חללי חיל הצנחנים. האנדרטה שנבנתה לפי תכניות של א. כהנא, נמצאת בקרבת צומת הכבישים כפר בילו—גדרה.

THE MEMORIALDAY STAMP DEPICTS THE MEMORIAL IN HONOUR OF FALEN SOLDIERS OF THE PARACHITE COLOR. THE MEMORIAL DESIGNED BY A. CAHANA, STANDS NEAR THE BILL—CEDERA CROSSEDADS, SOUTH OF TEL AVIV. THE STAMP WAS DESIGNED BY Z. NARKISS, TEL AVIV.

"Remember the Sabbath Day to keep it holy" (Exodus XX, 8), fourth of the Ten Commandments, is one of the basic tenets of the Jewish faith. The conception of the seventh day as a day of rest appears very early in the Bible, for immediately after the description of the Creation, Genesis II, 1—3 relates that "Thus the heavens and the earth were finished, and all the host of them. And on the seventh day God ended his work which he had made; and he rested on the seventh day from all his work which he had made. And God blessed the seventh day, and sanctified it: because that in it he had rested from all his work which God created and made."

Perhaps the most remarkable contribution to the health and well-being of Mankind, this precept conforms with modern scientific teaching in the field of physical and mental welfare. Observing this commandment ensures for every Jew, together with his household, rest and recuperation of his physical energies, while on the spiritual level the twenty-four hours free of day-to-day worries and irritations afford time for learning and discussion, and for quiet meditation.

The Sabbath, however, does not only mean the cessation of active work and the opportunity for prayer and study, but it is traditionally a joyful day of festive meals and family reunions. Among the customs followed are the lighting of at least two candles on Friday at sunset—candles which are blessed by the housewife, her preparations completed, and she herself attired to welcome the Sabbath peace.

Meanwhile, the table is laid with the finest utensils the family own. An ornamented goblet, usually of silver, filled with sweet wine, is placed near two whole loaves of specially fine bread covered by an embroidered cloth. Symbolically, the two loaves recall the double portion of manna gathered by the children of Israel in the wilderness, when "on the sixth day they gathered twice as much... for Moses said, "Tomorrow is the rest of the holy sabbath unto the Lord" (Exodus XVI, 22–23).

When the head of the household returns from synagogue services, he joins his children and guests in chanting time-honoured hymns, including a biblical song of praise for the woman, from Proverbs XXXI, 10–31. Then a benediction is recited over the wine while the bread is kept covered, in order—so folklore tells—not to cause offence that the wine is first sanctified!